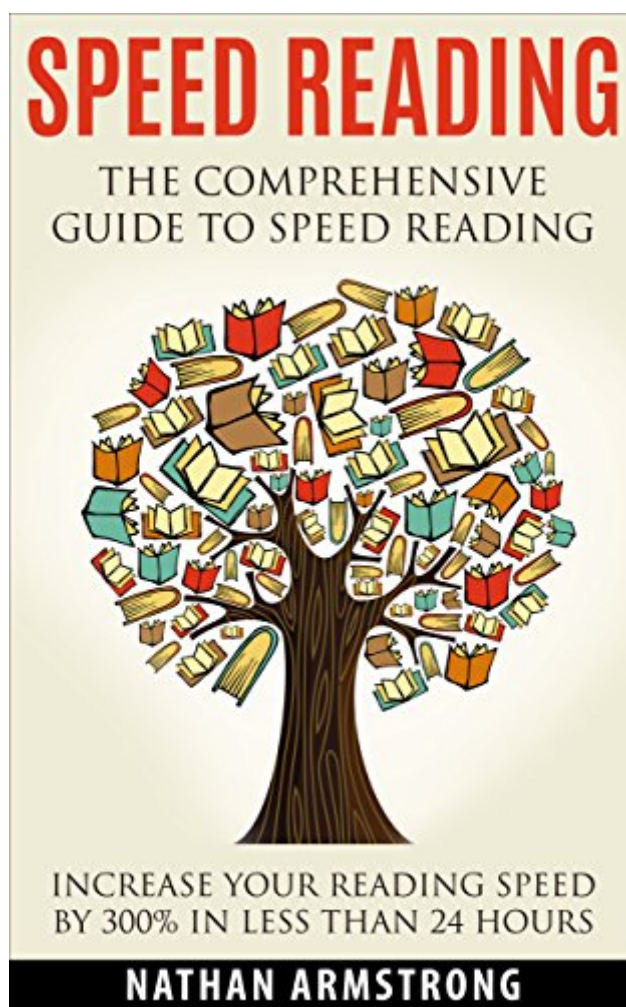


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Speed Reading: The Comprehensive Guide To Speed Reading - Increase Your Reading Speed By 300% In Less Than 24 Hours



Synopsis

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Customer Reviews

I can't believe just how fast I am now reading after working through this book. I have heard people say before that it was possible, but with Nathan's help, I really have been able to get it working. Nathan starts by explaining why it is so important to read fast. We are hit all of the time with too much information and too little time. The only solution here is to be able to consume that information faster. Though, why don't we all do it if it is so easy? The answer as Nathan explains is because of a number of obstacles. He goes through each of these barriers including Retreating, The Voice and word Fixation and explains how to overcome them. He points out that it isn't just speed, but comprehension. Our brains can handle the additional information and we allow our believed limitations get in the way of reaching our potential. Finally, he goes step by step through measuring how fast you are now, the key techniques and then finishes up with some exercises and strategies. This was a great read and now that I am speed reading, I should be able to stop wasting time and get more information faster.

This book has some useful techniques for improving your effective words-per-minute, however a lot of the suggestions are just tips for maintaining a healthy cognition. For example the book highlights the need for exercise and sleep to improve you speed reading.

Ok night bedtime reading. I had to read twice to understand. The e-book was excellent and improved my speed and comprehension. The techniques advocated, if you apply them, can certainly enhance your ability to greatly increase your reading speed. I don't always speed read, but it has proved to be a nice skill to utilize when I wish. I see slight improvement after a week. I will

provide a update review at later time.I received a discount on this product in exchange for an honest and unbiased review and all opinions are based on my personal experience with this e-book.

If I had this book six (6) months ago or even a year ago, I would have applied these techniques while studying for some of my tests and exam. The author obviously knew what he was doing and has the ability to guide the thoughts of the reader and create an image of what he is trying to describe in the reader's mind.I honestly think that this book contains just about enough details that one needs in order to understand the concept of speed reading and practically apply it as a reading style. I particularly liked the "key takeaways" section, I think it is brilliant that the author added that to the write-up. As humans, we cannot remember every details of everything we read or hear. The author, understanding this concept added that section which summarized every important detail in the book, such that if you had forgotten some important points before you get to the end of the book, you will be reminded at this very section these important points to takeaway.This book has great quality and I commend the author for such a good work.

One thing to say I'm happy I bought the kindle version. It was well worth the money and time. If I paid a full price I'd be very disappointed. Did this book help? The answer is yes. I have some accomplishment already. The thing is that out of 13 chapters only one was about actual practice with 4-5 visual exercises that you score 100% in a jiffy. The rest of the book was inspirational, motivational and spiritual crap which would be useful if you are "completely uneducated person" :).Dear Author,When you write a book with such a title you should anticipate a response from an educated auditory, who want to make themselves even more educated. And these people usually expect a little more challenge and degree of thoroughness than is presented in current book.

Reading is necessary in all aspects of your life. This book presents the skills required to read quickly and efficiently. You are given links to assess your reading speeds, explains how to set goals to improve your reading speed as well. .I found the book is very easy to read.I am so happy that i bought this book. It starts with giving me the basics about reading. Preparing me and providing useful techniques on speed reading. Eye speed is very effective! I like the speed reading exercises.This book not only gives you exercises to strengthen your abilities to read, also it explains you classic mistakes that we make thinking they are harmless to your view and our mental capacity.

So I got this book a few days ago and decided to spend my weekend experimenting on it. It has a lot of chapters and a lot of exercises to go with it too. I have always known that food types affect the way we assimilate, it even affect our reading mood. I never really knew which of the food were good and which were not, except for the few I have had my own share of experience with. On that ground, I really appreciate the work that the author did in this book and I would advise all students (most especially those who have never even heard of speed reading) to read this book and try out the techniques. They would be very useful to you.

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